

## Substance Use in adolescents: Assessment and Intervention

Monday, November 18, 2024 12:00pm-1:00pm

**Nesrin Abu Ata, MD**

Founder, Mind Alchemy PLLC

*Harnessing The Power of Mindful Transformation*

After participating in this activity, learners should be able to:

- ✓ Understand features associated with substance use in adolescents.
- ✓ Review screening tools for substance use in adolescents.
- ✓ Identify brief interventions for adolescents with substance use.
- ✓ Discuss motivational interviewing strategies.

To register-[https://uiowa.zoom.us/webinar/register/WN\\_eoNAcbxoTwm6Lf7baQqq2g](https://uiowa.zoom.us/webinar/register/WN_eoNAcbxoTwm6Lf7baQqq2g)

### Continuing Education:



In support of improving patient care, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Physician:** The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurse:** The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this live activity for a maximum of 1.0 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

**Social Work:** As a Jointly Accredited Organization, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 1.0 social work clinical continuing education credits.



**Physician Associates:** The University of Iowa Roy J. and Lucille A. Carver College of Medicine has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.00 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

**Other Provider:** All other participants will receive a certificate of participation for this conference upon completion of the online evaluation. It is the responsibility of each attendee to determine if the continuing education programs they attend meet the requirements of their professional licensure board.

### Statement of Purpose:

This series is hosted by the Iowa Pediatric Mental Health Collaborative. This activity provides continuing education on common pediatric mental health conditions for primary care providers and other mental health professionals to support identification and treatment of mild to moderate mental health conditions within the clinic setting.

This training is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$700,000 with 20% financed with non-governmental sources. The content are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the U.S. Government.